

Newly formed groups

Session 1 Guide

PURPOSE OF THIS SESSION:

The purpose of this session is to get to know everyone in the group. Begin by introducing yourselves (where you serve, your leadership role, what brings you joy, etc). Be sure to have a conversation about the groups expectations of your time together. What do you each hope to get out of your time?

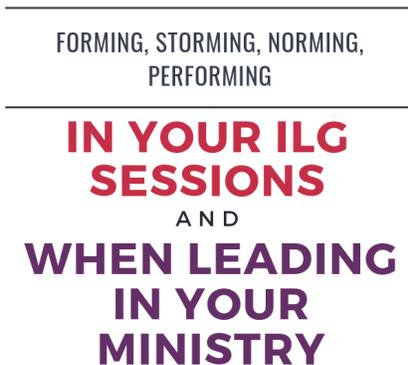
Then move on to the "Learning for Leadership" and "Spiritual Growth" sections below. Do these ideas/resources line up with the group's collective goal for being together? How can you apply them to the work you do in your ministry?

Learning for Leadership:

Dr Bruce Tuckman first introduced the "Forming, Storming, Norming, Performing model" that will guide these months of the ILG season. Below is a graphic that shows how you can apply it to this ILG and your setting.

DISCUSSION OPTION:

How can you apply Forming, Storming, Norming, and Performing to the work you do in your ministry?



Spiritual Growth:



Ancient Christian spiritual discipline and modern family systems theory both assert that the better we know our true selves the better we will function (and lead!) in relationship with others.

Marjorie Thompson writes that self-examination "open[s] the door of our heart to cleansing, renewal, and peace" (Soul Feast, 90). She shares the following as fruits of the spiritual discipline of self-examination: self-awareness, increasing truthfulness, greater compassion, and identification with the brokenness of others. Further, this discipline "allows us to become people who are at peace with ourselves, and who can therefore make peace with others" (105-106).

DISCUSSION OPTION:

What is a personal quality (e.g. personality, beliefs, behavior) that you bring to your leadership that assists you in ministry?

Book recommendation to dive deeper into this area of your leadership:

Covenant Discipleship: Christian Formation through Mutual Accountability
by David Lowes Watson